

# We Are Now Offering an Oral Appliance for Obstructive Sleep Apnea



PICTURED LEFT TO RIGHT IS OUR CLINICAL STAFF: CHRISTINE HAMMOCK R.D.H., CATHY LOUDENBARGER R.D.H., CORI MILLER C.D.A., DR. FINDLEY, CHELSEA MILLING R.D.H., CHARLOTTE COCHRAN LICENSED LAB TECH, MARGARET HILTON C.D.A.

Obstructive sleep apnea causes a person's airway to close during sleep, depriving them of oxygen and interrupting normal sleep patterns. Obstructive Sleep Apnea can cause sleepiness during the daytime and serious health issues, including high blood pressure, heart disease and stroke. Dr. Carl Findley has attended several advanced seminars on this topic, including the detrimental effects from a medical standpoint.

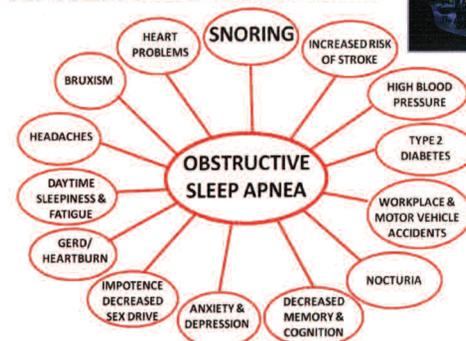
While the CPAP is the gold standard, many people cannot wear it. The Moses appliance that we offer can help in many cases. Research has shown that treatment with an oral appliance can be as effective as a CPAP machine. Dr. Findley personally wears an appliance to help him with his diagnosed mild to moderate sleep apnea. It's very comfortable and very beneficial.

The first order of business is a thorough sleep examination and a CT scan. The patient goes home with an Ares home study device to wear for the night. A local board certified sleep doctor will read the study. You won't have to go to a sleep lab—just use the home device that we give you and bring it back the next day. Dr. Findley will also contact your primary care physician to get a prescription for the sleep appliance, if you're found to need one. Depending on your insurance, you may qualify for help with some or all of the cost for these procedures.

If you feel you suffer from Obstructive Sleep Apnea, please contact us. We'll be happy to discuss alternatives that may help you get a good night's rest. If you have any questions, comments or concerns about how sleep apnea can affect you medically, we are happy to share any information we have with you.

*Dr. Carl Findley and Team*

## WE TREAT APNEA AND SNORING



**IF YOU HAVE ANY OF THE ABOVE CONDITIONS  
BE SURE AND MENTION IT TO DR. FINDLEY OR STAFF**

(229) 435-1726

2009 East Broad  
Albany, GA

Please visit our website.  
[www.drkarlfindley.com](http://www.drkarlfindley.com)

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**Dr. Carl E. Findley, Jr.**

Experienced – Innovative – Exceptional